

I am a character. I am valuable.  
I am worthy of respect,

and I am respected. I am kind.

I am generous. I am worthy of love,  
and I am loved deeply.

I am resourceful. I am thoughtful.

I am smart. I am funny.

I am honest. I am ambitious.

I am dedicated. I am creative.

I am resilient. I am warm.

I am skilled at all sorts of things.

I am driven by integrity and values.

I am a good mother.

I am a good wife. **I am good.**

I am a good friend.